

Tewksbury School Committee
January 3, 2024
Special School Committee Meeting #2, 4:00 PM
Center Elementary School - Music/Meeting Room
139 Pleasant Street, Tewksbury, MA 01876

SCHOOL COMMITTEE MEMBERS PRESENT

Bridget Garabedian, Chair
Kayla Biagioni-Smith, Vice-Chair
Katie Anderson, Clerk

SCHOOL COMMITTEE MEMBERS EXCUSED

Nicholas Parsons, Member
Richard Russo, Jr., Member

OTHERS PRESENT

Kelly Constantino, TPS Lead School Nurse

ATTENDING REMOTELY

Deb Mugford, TPS Director of F&N Services
Nicole Good, DESE School Wellness Specialist

CALL TO ORDER

The Special School Committee meeting was called to order at 4:06 PM.

Agenda Item

ADF-WELLNESS POLICY REWRITE - Nicole Good, MA DESE School Wellness Specialist

The group reviewed and discussed recommended edits to policy ADF, Wellness Policy, as advised by Kelly Constantino and Deb Mugford in collaboration with the Tewksbury Wellness Committee. Nicole Good, MA DESE School Wellness Specialist, remotely participated in the meeting offering the district input and guidance regarding elements of the policy. Tewksbury Public Schools' policy ADF meets the requirements by the Massachusetts law and DESE.

- Ms. Good noted the benefit of the added section that addresses health and safety policy. This is a common concern post-pandemic.
 - Wellness policy should be a living document. Policy should support creating an environment supporting the whole child.

Discussion:

- Discussion regarding any details that can be removed from the current version that either may be best in a handbook or procedure manual that can be edited more easily by directors and administration.
- Discussion regarding the inclusion of links to Massachusetts law and or elaborating the contents within the policy.

Approved 2-14-2024

SCHOOL COMMITTEE MEMBERS

Bridget L. Garabedian, Chair bgarabedian@tewksbury.k12.ma.us
Kayla Biagioni-Smith, Vice-Chair kbiagioni-smith@tewksbury.k12.ma.us ~ Kaitlyn M. Anderson, Clerk kmanderson@tewksbury.k12.ma.us
Nicholas G. Parsons, Member nparsons@tewksbury.k12.ma.us ~ Richard Russo, Jr., Member russo@tewksbury.k12.ma.us
Superintendent of Schools - Brenda Theriault-Regan bregan@tewksbury.k12.ma.us

- Discussion regarding the USDA standards that are required in the policy.
- Discussion regarding recess and current and goals for practices, along with aligning policy to reflect actual district practices.
- All agreed upon editing out specific information that may not reflect current practices or be sustainable examples.
- Clarification regarding MA General Law C.111 Section 223 and DPH established guidelines for School Wellness Committees.

ADJOURN SPECIAL SCHOOL COMMITTEE MEETING

At 4:45 p.m., Ms. Garabedian adjourned the January 3, 2024 Special School Committee.

Respectfully Submitted,
Gail Johnson, Recording Secretary
List of documents and exhibits used (GL c.30A, sect 22(a)):

AGENDA ITEM #	DOCUMENT
1	Special School Committee Meeting Agenda: 1-3-2024
2	ADF, Wellness Policy

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