

# RYAN After School Arts & Enrichment

## Program Session 3

### JANUARY/FEBRUARY 2020

See each class for dates/times

<https://register.communitypass.net/TewksburyPublicSchools>

Don't know your login/password? Email Maura at [mrauseo@tewksbury.k12.ma.us](mailto:mrauseo@tewksbury.k12.ma.us). Please do not create a new account.

#### KIDS TEST KITCHEN

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to *redefine kid food*; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce – warm you on a brisk Fall day and offer ideas for quick and healthy family meals. At the end of the class, your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is *always* optional. *Each session arrives with fresh new recipes and ideas to inspire your healthy eater!* Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. *\*Please clearly disclose all food allergies and/or dietary restrictions upon registration.*

[www.facebook.com/kidstestkitchen/](http://www.facebook.com/kidstestkitchen/)

Program cost: \$110.00

Instructor: Kids Test Kitchen

Dates: MONDAYS 1/6, 1/13, 1/27, 2/3, 1/10 (No class on 1/20)

Time: 2:40-3:40 PM **NO LATE BUS ON MONDAYS**

Minimum 4 students; Maximum 8 students



#### ART CLUB 2

Ryan School Art teacher, Ms. Lane, is offering her art club once again. This class fills up quickly so please do not wait to register as she only takes the first 15 students.

Program Cost: \$85.00

Dates: Wednesdays - 1/8, 1/15, 1/22, 1/29, 2/5

Time: 2:40-3:40 PM **A Late Bus IS Offered**

Minimum 4 students; maximum 15 students



## ARCHERY

Our archery programs are taught by Certified USA Archery Level 3 National Training System coaches. You will learn the fundamentals of target archery, including proper shooting form, range safety, range procedures, scoring, and much more. We provide everything needed for you to participate. Please wear sneakers, no open-toed shoes.

Program cost: \$130.00

Instructor: Robert Waite

Dates: Tuesdays, 1/7, 1/14, 1/21, 1/28, 2/4

Time: 2:40-3:40 PM **A Late bus IS offered**

Minimum 4 students; maximum 10 students



## REDMAN SUPER BOWL

Come celebrate Sports Zone's 10th year anniversary with a Flag Football Tournament! During this program, we will be playing flag football together in a fun and safe "Super Bowl" environment in a special tournament setting. Participants will rotate through different games each week, playing different positions to help build skills and confidence on the field. All kids will learn the proper technique of playing and will also be given flags and flag belt for games. Kids should wear comfortable running shoes! This program is open to both boys and girls. Come and play like a champion!

Program cost: \$85.00

Instructor: Sports Zone Staff

Dates: Fridays, 1/3, 1/10, 1/24, 1/31, 2/7 (No class 1/17)

**This class starts the week before the other classes so we can get 5 weeks in.**

Time: 2:40-3:40 PM **NO LATE BUS ON FRIDAYS**

Minimum 4 students; maximum 10 students



## USING GOOGLE SLIDES TO CREATE A VIDEO

Students will use Google Slides to create a lesson or story to which they will add music and voice-over to make an advanced level self-running presentation.

Program Cost: \$40.00

Dates: Thursdays - 1/9, 1/16, 1/23, 1/30, 2/6

Time: 2:40-3:40 PM **A Late Bus IS Offered**

Minimum 4 students; maximum 15 students

