

Heath Brook After-School Arts & Enrichment Program

Session 3 - JANUARY/FEBRUARY 2020 WEDNESDAYS

1/8, 1/15, 1/22, 1/29, 2/5

Please register on Community Pass at

<https://register.communitypass.net/TewksburyPublicSchools>

Don't know your login/password? Email Maura at mrauseo@tewksbury.k12.ma.us.

Please do not create a new account.

CREATIVE ARTS & CRAFTS

Each student will enjoy creating something uniquely their own to take home and proudly show off. This fun class will include a wide variety of materials including markers, paints, wood & papier mâché, plus an introduction to numerous techniques, and some interesting facts about art and creativity. Regardless of skill level, each student will receive individual attention and assistance in order to complete their project with a feeling of success. **Please keep in mind, each session is different so if you did a previous class this one will be different than the last one.**

Program cost: \$90.00

Instructor: Diana Soares

Dates: 1/8, 1/15, 1/22, 1/29, 2/5

Time: 3:10-5:00 PM

Minimum 4 students; Maximum 8 students



KIDS TEST KITCHEN

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to *redefine kid food*; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce – warm you on a brisk Fall day and offer ideas for quick and healthy family meals. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is *always* optional. *Each session arrives with fresh new recipes and ideas to inspire your healthy eater!* Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. **Please clearly disclose all food allergies and/or dietary restrictions upon registration.* www.facebook.com/kidstestkitchen/

Program cost: \$110.00

Instructor: Kids Test Kitchen, Instructor TBD

Dates: 1/8, 1/15, 1/22, 1/29, 2/5

Time: 3:10-4:10 PM

Minimum 4 students; Maximum 8 students



SEWING

New projects this year! Students will learn the basics of hand sewing and practice what they learn by making projects. Projects may include working with zippers, buttons or velcro as well as different types of material. Students will make several projects over the 5-week program including some type of stuffed project (stuffed animal or similar item). Students will be able to choose from several options for their stuffed project. Bonus projects will be available to students who complete the regular projects ahead of schedule. Repeat students are always welcome. **Please keep in mind, each session is different so if you did a previous class this one will be different than the last one.**

Program cost: \$90.00

Instructor: Diana DiMascio

Dates: 1/8, 1/15, 1/22, 1/29, 2/5

Time: 3:10-5:00 PM

Minimum 5 students; Maximum 8 students



TOURNAMENT OF CHAMPIONS

Come celebrate our 10 year anniversary with our favorite “Tournament of Champions!” In this action-packed class, kids will participate in a variety of your favorite sports games ranging from football, soccer, basketball, pickle, floor hockey, kickball, and countless other classics. In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, good sportsmanship and understanding the cool statistics on sports cards. Each participant will receive a daily pack of cards.

Games during this session will be themed toward winter with many other themed favorites!

This program is open to both boys and girls. Come and play like a champion!

Program cost: \$85.00

Instructor: Sports Zone 101

Dates: 1/8, 1/15, 1/22, 1/29, 2/5

Time: 3:10-4:30 PM

Minimum 5 students; Maximum 40 students



MOOVE & GROOVE

Get ready to Move, Groove and Rock out in this totally FUN, high energy class! This program gets kids moving through a variety of music, dance, and games for maximum fun! Kids will have a chance to work with others and get creative. Do the limbo, freeze dance, musical hula hoops & more. Learn all the “party” line dances such as the nae nae, cha cha slide, cotton eye joe; an Irish dance & more. Dance to a mix of familiar kid-friendly music and learn moves from each decade. This class will encourage kids to develop a healthy lifestyle while increasing self-confidence, boosting energy & making new friends. Wear comfortable clothing & sneakers without much tread; bring WATER!

Instructor: CAROLLISA of Moonlight djs

Program Cost: \$80.00

Dates: 1/8, 1/15, 1/22, 1/29, 2/5

Time: 3:10-4:30 PM

Minimum 5 students; maximum 10 students

LEGO MASTER BUILDER JR.

Happy 2020 to you all and welcome to Lego Land!

It takes years of practice, determination, patience, and dedication to become a Lego Master Builder. Your child is in luck though because we have worked tirelessly to perfect our Lego teaching technique – so much so that within five short weeks, your child will receive a certificate proving that they have completed their Master Builder Jr. training! Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World! We supply all Lego blocks and building guides for classes, but there will also be some time for free building during our classes if your child wants to bring in their own project. You will not want to miss out on all the excitement we have planned, register today to secure your spot! **New This Session: This class is open to both repeat and new students to our program.**

Program cost: \$85.00

Instructor: Sports Zone Staff

Dates: 1/8, 1/15, 1/22, 1/29, 2/5

Time: 3:10-4:30 PM

Minimum 5 students; Maximum 20 students

