# **RYAN After School** Arts & Enrichment Program Session 2 - NOV & DEC 2019

See each class for dates/times

## https://register.communitypass.net/TewksburyPublicSchools

Don't know your login/password? Email Maura at mrauseo@tewksbury.k12.ma.us. Please do not create a new account.

### **KIDS TEST KITCHEN**

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce – warm you on a brisk Fall day and offer ideas for quick and healthy family meals. At the end of the class, your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is *always* optional. Each session arrives with fresh new recipes and ideas to inspire your healthy eater! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe.\*Please clearly disclose all food allergies and/or dietary restrictions upon registration. www.facebook.com/kidstestkitchen/

Program cost: \$110.00 Instructor: Kids Test Kitchen, Instructor TBD Dates: MONDAYS 11/4, 11/18, 11/25, 12/2, 12/9 (No class on 11/11)

Time: 2:40-3:40 PM <u>NO LATE BUS ON MONDAYS</u> <u>Minimum</u> 4 students; <u>Maximum</u> 8 students

#### **ARCHERY**

Our archery programs are taught by Certified USA Archery Level 3 National Training System coaches. You will learn the fundamentals of target archery, including proper shooting form, range safety, range procedures, scoring, and much more. We provide everything needed for you to participate. Please wear sneakers, no open-toed shoes.

Program cost: \$130.00 Instructor: Robert Waite Dates: Tuesdays, 11/12, 11/19, 11/26, 12/3, 12/10 (No class 11/5) Time: 2:40-3:40 PM <u>A Late bus IS offered</u> Minimum 4 students; maximum 10 students





#### **LEGO MASTER BUILDER JR. - HOLIDAY EDITION**

It takes years of practice, determination, patience, and dedication to become a Lego Master Builder. Your child is in luck though because we have worked tirelessly to perfect our Lego teaching technique – so much so that within six short weeks, your child will receive a certificate proving that they have completed their Master Builder Jr. training! Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World! We supply all Lego blocks and building guides for classes, but there will also be some time for free building during our classes if your child wants to bring in their own project. You will not want to miss out on all the excitement we have planned, register today to secure your spot! New This Session: This class is open to both repeat and new students to our program. This session will also allow students to build with special themed "holiday Lego's" for projects and activities! This program is open to both boys and girls.

Program cost: \$85.00

Instructor: Sports Zone 101

Dates: Tuesdays, 11/12, 11/19, 11/26, 12/3, 12/10 (No class 11/5) Time: 2:40-3:40 PM <u>A Late Bus IS Offered</u> Minimum 5 students; Maximum 20 students

### OPERATION S.M.A.R.T. BY GIRLS INC. GRADES 5-6 - For Boys & Girls

Both boys and girls will enjoy the world of S.T.E.M., get messy, and expand their minds through exploration in our Operation SMART program! This science, technology, engineering, and math program offers students engaging, hands-on science activities that promote STEM skills development in areas such as the engineer design process, chemistry, biology, dissection, and more. (PRICE DISCOUNTED THANKS TO A GRANT

RECEIVED BY GIRLS INC. FROM THE CUMMINGS FOUNDATION) Program Cost:\$65.00 Instructor: Girls Inc. of Greater Lowell Dates: WEDNESDAYS, 11/6, 11/13, 11/20, 12/4, 12/11 (No class 11/27) Time: 2:40-3:40 PM <u>A Late Bus IS Offered</u> Minimum 8 students; maximum 13 students



Ryan School Art teacher, Ms. Lane, is offering her art club once again. This class fills up quickly so please do not wait to register as she only takes the first 15 students.

Program Cost: \$85.00 Dates: WEDNESDAYS, 11/6, 11/13, 11/20, 12/4, 12/11 (No class 11/27) Time: 2:40-3:40 PM <u>A Late Bus IS Offered</u>

Minimum 4 students; maximum 15 students







#### **TOURNAMENT OF CHAMPIONS**

"Holiday Edition"

For Kids Grades 5-6 (Ryan School)

In this action-packed program, kids will participate in a variety of games, such as street hockey, soccer, football, basketball, wiffleball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. Each participant will receive a daily sports prize. New This Session: In preparation for the holidays, we will be playing some of our traditional games in a holiday format. Some of the games will include "Grinch Ball", "Santa's Helper", "Turkey Gobbler", "Let It Snow", and many others. This program is open to both boys and girls. Come and play like a champion!

Program Cost: \$85.00

Instructor: Sports Zone 101

Dates: FRIDAYS, 11/8, 11/15, 11/22, 12/6, 12/13 (No class 11/29)

Time: 2:40-3:40 PM NO LATE BUS ON FRIDAYS

Minimum 5 students; Maximum 40 students

