

Trahan After-School

Arts & Enrichment Program

Session 1 - September 2019 - THURSDAY

9/19, 9/26, 10/3, 10/10, 10/17

Please register on Community Pass at

<https://register.communitypass.net/TewksburyPublicSchools>

Don't know your login/password? Email Maura at mrauseo@tewksbury.k12.ma.us.

Please do not create a new account.

SEWING

New projects this year! Students will learn the basics of hand sewing and practice what they learn by making projects. Projects may include working with zippers, buttons or velcro as well as different types of material. Students will make several projects over the 5-week program including some type of stuffed project (stuffed animal or similar item). Students will be able to choose from several options for their stuffed project. Bonus projects will be available to students who complete the regular projects ahead of schedule. Repeat students are always welcome. **Please keep in mind, each session is different so if you did a previous class this one will be different than the last one.**

Program cost: \$90.00

Instructor: Diana DiMascio

Dates: 9/19, 9/26, 10/3, 10/10, 10/17

Time: 3:10-5:00 PM

Minimum 5 students; Maximum 8 students



LEGO MASTER BUILDER JR. NEW! NEW! NEW!

It takes years of practice, determination, patience, and dedication to become a Lego Master Builder. Your child is in luck though because we have worked tirelessly to perfect our Lego teaching technique – so much so that within six short weeks, your child will receive a certificate proving that they have completed their Master Builder Jr. training! Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World! We supply all Lego blocks and building guides for classes, but there will also be some time for free building during our classes if your child wants to bring in their own project. You will not want to miss out on all the excitement we have planned, register today to secure your spot!

Program cost: \$80.00

Instructor: Sports Zone 101

Dates: 9/19, 9/26, 10/3, 10/10, 10/17

Time: 3:10-4:30 PM

Minimum 5 students; Maximum 20 students



[TOURNAMENT OF CHAMPIONS](#)

Welcome back to the 2019-2020 School Year!

In this action-packed program, children will participate in a variety of games, such as street hockey, soccer, football, basketball, wiffleball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. Each participant will receive a daily sports prize. This program is open to both boys and girls. Come and play like a champion!

Program cost: \$85.00

Instructor: Sports Zone 101

Dates: 9/19, 9/26, 10/3, 10/10, 10/17

Time: 3:10-4:30 PM

Minimum 5 students; Maximum 40 students



[MOOVE & GROOVE](#)

Get ready to Move, Groove and Rock out in this totally FUN, high energy class! This program gets kids moving through a variety of music, dance, and games for maximum fun! Kids will have a chance to work with others and get creative. Do the limbo, freeze dance, musical hula hoops & more. Learn all the “party” line dances such as the nae nae, cha cha slide, cotton eye joe; an Irish dance & more. Dance to a mix of familiar kid-friendly music and learn moves from each decade. This class will encourage kids to develop a healthy lifestyle while increasing self-confidence, boosting energy & making new friends. Wear comfortable clothing & sneakers without much tread; bring WATER!

Instructor: CAROLLISA of Moonlight djs

Program Cost: \$80.00

Dates: 9/19, 9/26, 10/3, 10/10, 10/17

Time: 3:10-4:30 PM

Minimum 5 students; maximum 10 students



[OPERATION SMART](#)

Both boys and girls will enjoy the world of S.T.E.M., get messy, and expand their minds through exploration in our Operation SMART program! This science, technology, engineering, and math program offers students engaging, hands-on science activities that promote STEM skills development in areas such as the engineer design process, chemistry, biology, dissection, and more. (PRICE DISCOUNTED THANKS TO A GRANT RECEIVED BY GIRLS INC. FROM THE CUMMINGS FOUNDATION)

Program cost: \$65.00

Instructor: Girls Inc. Of Greater Lowell, Instructor TBD

Dates: 9/19, 9/26, 10/3, 10/10, 10/17

Time: 3:10-4:15 PM

Minimum 8 students; Maximum 12 students



KIDS TEST KITCHEN

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to *redefine kid food*; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce – warm you on a brisk Fall day and offer ideas for quick and healthy family meals. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is *always* optional. *Each session arrives with fresh new recipes and ideas to inspire your healthy eater!* Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. **Please clearly disclose all food allergies and/or dietary restrictions upon registration.*

www.facebook.com/kidstestkitchen/

Program cost: \$110.00

Instructor: Kids Test Kitchen, Instructor TBD

Dates: 9/19, 9/26, 10/3, 10/10, 10/17

Time: 3:10-4:40 PM

Minimum 4 students; Maximum 8 students

