RYAN After School Arts & Enrichment Program Session 1 - September 2019

See each class for dates/times

https://register.communitypass.net/TewksburyPublicSchools

Don't know your login/password? Email Maura at mrauseo@tewksbury.k12.ma.us. Please do not create a new account.

KIDS TEST KITCHEN

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce – warm you on a brisk Fall day and offer ideas for quick and healthy family meals. At the end of the class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is always optional. Each session arrives with fresh new recipes and ideas to inspire your healthy eater! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe.*Please clearly disclose all food allergies and/or dietary restrictions upon registration. www.facebook.com/kidstestkitchen/

Program cost: \$110.00 Instructor: Kids Test Kitchen, Instructor TBD Dates: MONDAYS 9/16, 9/23, 9/30, 10/7, 10/21 (no class on 10/14)

Time: 2:40-3:40 PM <u>NO LATE BUS ON MONDAYS</u> <u>Minimum</u> 4 students; <u>Maximum</u> 8 students

Kids'Test Kitcher

ARCHERY

Our archery programs are taught by Certified USA Archery Level 3 National Training System coaches. You will learn the fundamentals of target archery, including proper shooting form, range safety, range procedures, scoring, and much more. We provide everything needed for you to participate. Please wear sneakers, no open-toed shoes.

Program cost: \$130.00 Instructor: Robert Waite Dates: Tuesdays, 9/17, 9/24, 10/1, 10/8, 10/15 Time: 2:40-3:40 PM <u>A Late bus IS offered</u> Minimum 4 students; maximum 10 students



LEGO MASTER BUILDER JR. NEW! NEW! NEW!

It takes years of practice, determination, patience, and dedication to become a Lego Master Builder. Your child is in luck though because we have worked tirelessly to perfect our Lego teaching technique – so much so that within six short weeks, your child will receive a certificate proving that they have completed their Master Builder Jr. training! Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World! We supply all Lego blocks and building guides for classes, but there will also be some time for free building during our classes if your child wants to bring in their own project. You will not want to miss out on all the excitement we have planned, register today to secure your spot!

Program cost: \$80.00 Instructor: Sports Zone 101 Dates: TUESDAYS, 9/17, 9/24, 10/1, 10/8, 10/15 Time: 2:40-3:40 PM <u>A Late Bus IS Offered</u> <u>Minimum</u> 5 students; <u>Maximum</u> 20 students



OPERATION S.M.A.R.T. BY GIRLS INC. GRADES 5-6 - For Boys & Girls

Both boys and girls will enjoy the world of S.T.E.M., get messy, and expand their minds through exploration in our Operation SMART program! This science, technology, engineering, and math program offers students engaging, hands-on science activities that promote STEM skills development in areas such as the engineer design process, chemistry, biology, dissection, and more. (PRICE DISCOUNTED THANKS TO A GRANT RECEIVED BY GIRLS INC. FROM THE CUMMINGS FOUNDATION)

Program Cost:\$65.00 Instructor: Girls Inc. of Greater Lowell Dates: WEDNESDAYS, 9/18, 9/25, 10/2, 10/9, 10/16 Time: 2:40-3:40 PM <u>A Late Bus IS Offered</u> Minimum 8 students; maximum 13 students

TOURNAMENT OF CHAMPIONS

Welcome back to 2019-2020 School Year! mln this action-packed program, kids will participate in a variety of games, such as street hockey, soccer, football, basketball, wiffleball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. Each participant will receive a daily sports prize. This program is open to both boys and girls. Come and play like a champion! Program Cost: \$85.00

Instructor: Sports Zone 101 Dates: FRIDAYS, 9/20, 9/27, 10/4, 10/18, 10/25 (No Class on 10/11) Time: 2:40-3:40 PM <u>NO LATE BUS ON FRIDAYS</u> <u>Minimum</u> 5 students; <u>Maximum</u> 40 students



