# Heath Brook After-School Arts & Enrichment Program Session 2 FALL 2018 - THURSDAYS

11/8, 11/15, 11/29, 12/13, 12/20 (no class 11/22, 12/6) Please register on Community Pass at

https://register.communitypass.net/TewksburyPublicSchools

# **SEWING GRADES K-2**

New projects this year! Students will learn the basics of hand sewing and practice what they learn by making projects. Projects may include working with zippers, buttons or velcro as well as different types of material. Students will make several projects over the 5-week program including some type of stuffed project(stuffed animal or similar item). Students will be able to choose from several options for their stuffed project. Bonus projects will be available to students who complete the regular projects ahead of schedule. Repeat students are always welcome. Please keep in mind, each session is different so if you did a previous class this one will be different than the last one.

Program cost: \$85.00 Instructor: Diana DiMascio Dates: 11/8, 11/15, 11/29, 12/13, 12/20 (no class 11/22, 12/6) Time: 3:15-5:00 PM <u>Minimum</u> 5 students; <u>maximum</u> 8 students



# **KID'S TEST KITCHEN GRADES K-2**

Kids' Test Kitchen is on a mission to get young aspiring chefs cooking, tasting, and thinking about healthy ingredients! Each week, we'll work together to prepare fun snacks, entrées, and side items whose key ingredients are known to be really good for us! No matter the season - Kids' Test Kitchen has the perfect recipes in mind. At the end of class your aspiring chef will receive the main ingredient and the recipe so that they can show off what they've learned! Each session arrives with fresh recipes and ideas to inspire your healthy eater! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. \*Please clearly disclose all food allergies and/or dietary restrictions upon registration. www.facebook.com/kidstestkitchen/ Please keep in mind, each session is different so if you did a previous class this one will be different than the last one.

Program cost: \$ 110.00 Instructor: Kid's Test Kitchen

Dates: 11/8, 11/15, 11/29, 12/13, 12/20 (no class 11/22, 12/6)

Time: 3:15-4:30pm

Our minimum is 8 and the max is 12.



# FALL TOURNAMENT OF CHAMPIONS GRADES PREK-2

In this action-packed class, kids will participate in a variety of games, such as street hockey, soccer, football, basketball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, good sportsmanship and understanding the cool statistics on sports cards. If the weather is nice outside, this session will also allow for outdoor play! Each participant will receive a daily pack of cards. This program is open to both boys and girls. Come and play like a champion!

Program cost: \$80.00 Instructor: Sports Zone 101 Dates: 11/8, 11/15, 11/29, 12/13, 12/20 (no class 11/22, 12/6) Time: 3:15-4:30 PM <u>Minimum</u> 5 students; <u>maximum</u> 40 students

### GIRLS INC. OPERATION S.M.A.R.T. GRADES K-2

Both boys and girls will enjoy the world of S.T.E.M., get messy, and expand their minds through exploration in our Operation SMART program! This science, technology, engineering, and math program offers students engaging, hands-on science activities that promote STEM skills development in areas such as the engineer design process, chemistry, biology, dissection, and more.

Program cost: \$65 (PRICE DISCOUNTED THANKS TO A GRANT FROM GIRLS INC., THE CUMMINGS

FOUNDATION, AND EASTERN BANK FOUNDATION.) Instructor: Girls Inc. of Greater Lowell Dates: 11/8, 11/15, 11/29, 12/13, 12/20 (no class 11/22, 12/6) Time: 3:15-4:15 PM <u>Minimum</u> 5 students; <u>maximum</u> 13 students

# MOOVE AND GROOVE GRADES K-2

Get ready to Move, Groove and Rock out in this totally FUN, high energy class! This program gets kids moving through a variety of music, dance, and games for maximum fun! Kids will have a chance to work with others and get creative. Do the limbo, freeze dance, musical hula hoops & more. Learn all the "party" line dances such as the nae nae, cha cha slide, cotton eye joe; an Irish dance & more.Dance to a mix of familiar kid-friendly music and learn moves from each decade. This class will encourage kids to develop a healthy lifestyle while increasing self-confidence, boosting energy & making new friends. **Wear comfortable clothing & sneakers without much tread; bring WATER!** 

Instructor: CAROLLISA of Moonlight djs Program Cost: \$80.00 Dates: 11/8, 11/15, 11/29, 12/13, 12/20 (no class 11/22, 12/6) Time: 3:15-4:30 PM <u>Minimum</u> 5 students; <u>maximum</u> 10 students







#### CIRCUIT MAKERS 101 GRADES K-2

Let's get creative with electricity! In this junior hands-on electronics class, students will gain experience with creating their own electronics; designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Each class day consists of a circuitry lesson and a hands-on electronics project, using components like lights, buzzers, switches, motors, and sensors. Circuit Lab staff will make sure participants create a project that they can be proud of each day. Most class days include a take-home project.

Instructor: CIRCUIT LAB Program Cost: \$115.00 Dates: 11/8, 11/15, 11/29, 12/13, 12/20 (no class 11/22, 12/6) Time: 3:15-4:45 PM <u>Minimum</u> 8 students; <u>maximum</u> 12 students

