



Tewksbury Public Schools

John W. Wynn Middle School

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Dear Parents/Guardians:

We, the health teachers at the Wynn Middle School, would like to share with you the subject matter that will be discussed in your child's health class. We have spent many hours aligning our curriculum with the Massachusetts Health Curriculum Frameworks.

The units we cover are very detailed. It is our hope that your son or daughter will openly discuss these issues in the class utilizing the value training that you have instilled.

The back of this letter has a list of topics that your child will cover at each grade level. If you have any questions or concerns, please free to contact us.

Sincerely,

Mrs. Dearing

Grade 7 Health Teacher

Mrs. Peterson

Grade 8 Health Teacher

TPS Mission Statement:

To educate and challenge all learners in the Tewksbury Public School Community while supporting their development as well prepared and productive members of a diverse global society.

HEALTH CURRICULUM TOPICS

*Essential questions on mental, physical and social health are integrated throughout the health topics.

SEVENTH GRADE

Intro to Wellness
Personal Health
Family and Relationships
Violence Prevention
Communication Skills/Assertiveness
Stress Management Training
Nutrition/Fitness
Substance Abuse Prevention
Human Growth and Development (Including Digestive and Reproductive Systems)
Disease Prevention

EIGHTH GRADE

Wellness (Physical, Mental & Social Health)
Lifestyle vs. Infectious Disease
Values, Self Esteem & Goals
Decision Making
Family Life
Substance Abuse Education
Conflict Resolution & Violence Prevention
Personal Safety (Teen Dating Violence)
Stress Management
Disease Prevention (HIV/AIDS & STD's)
Growth & Development (Body Systems: Digestive & Reproductive)
Nutrition and Fitness
Consumer Awareness (Influences of Media & Advertising)