## **TMHS PAC Meeting Minutes**

## January 25, 2017

<u>Attendees:</u> Amie Cafferty, Mariellen Tsaousis, Joy Beatrice, Laura Hulme, Paula Fairweather, Shannon Pierce, Joanne Foley, Cathy Burgoyne

#### Introductions:

Joy Beatrice opened the meeting at 7:09 P.M.

#### Minutes:

November Minutes Approved

### **Financial Report:**

Laura Hulme presented the Financial Report. Our starting balance on July 1, 2015 was \$29,531.45 (this is the beginning of our 2016/2017 TMHS PAC school year). The income for this period was \$10,904.00 with a total of disbursements of \$8,847.18. The checkbook balance is \$31,588.27. After approved allocations, there is \$6,578.27 remaining. Members motioned and approved the treasurer's report.

### Principal's update:

- With input from coaches and athletes, we will be requiring all student athletes and their coaches
  to participate in a chemical health workshop, where athletes will be made aware of the
  impact of substance use on their bodies and brains as well as what the MIAA and school
  consequences are for violation of the Chemical Health Policy. Going forward, every team
  will participate in a mandatory chemical health workshop at the beginning of each season.
- After working with students and parents and talking with other high schools, we have created a
  week of prevention/education activities focused on underage drinking and positive decision
  making for the week of March 27th- March 31st. The SADD club came up with a name for the
  week of March 27th-March 31st, The Tribe Project. The choice of the name for this week
  comes from the meaning of tribe. In Native American tradition, a tribe is a group or
  community of people. That is what we are at TMHS and this week is about learning and
  supporting each other as a community.

On March 27th, we have Marc Mero of Champion of Choices speaking to the entire student body. Marc's visit is being generously sponsored by the TMHS PAC. 8:42-11:02

On March 29th we will be having a speaker from Minding Our Minds talk with our 11th and 12th graders about substance use and mental health.

On **March 29th** from 5pm to 7pm, the TMHS School Council has organized a mental health fair, for the entire school community to learn about the social emotional learning of our students.

Our SADD Club is running a mock crash of a drunk driving accident at TMHS. In partnership with the Tewksbury Police Department, we hold the mock crash every other

year. At the suggestion of students, we will be showing the mock crash to all students this year.

Also, on March 29th at 7pm there will be a mandatory workshop for all seniors and all students, who are planning on participating in senior week activities and/or attending either the junior or senior prom, and a parent or guardian. The topic of the workshop will be on the implications of Social Host law for parents/guardians, underage drinking and the effects of alcohol and substance use in adolescents and young adults. The student and a parent/guardian must attend this workshop in order to participate in any senior week activities and/or attend the junior or senior prom. Students will not be allowed to purchase a ticket for senior week activities or for a prom, if the student and parent have not attended the workshop. If the student and parent/guardian cannot attend on March 29th, you will have to arrange to come to TMHS to watch recorded version of the workshop before purchasing tickets.

• In order to keep our students safe during prom season, we will be transporting seniors via coach bus to and from the senior prom starting this year. Juniors will continue to be transported via bus to and from the junior semi at the Tewksbury Country Club.

#### **Town Wide PAC Update:**

- Mr. Malone thanked PACs for all their work.
- New Elementary School Process: Enrollment certified. Feasibility phase in February. Once approved, building on fast track. Looking at all grade 3-4 town wide/all grade 2 town wide. Location, grade levels to be determined. Also looking at renovating or new school project.
- School Safety Plan: Officer Jennie Welch and civilian Maria Ruggerio and Wynn Safety
   Officer (can't recall his name) of the TPD were at meeting.
  - o Talked about all the events their department holds in the town (safe Halloween, citizens police academy, bike rodeo, coffee with a cop, car seat certification, in plain sight to name a few).
  - They would love to be more involved in town groups (PACs, girl scout groups, boy scout groups, etc.). You ask, they will come to a meeting.
  - They like to come to open houses as they feel they can connect with parents that way instead of trying to get them to come to an event.
  - They work with school staff/van drivers re car seats
  - o They do presentations in classrooms re: bike, home, bus and personal safety.
  - Tobacco Talk for 5th grade.
  - RADD program for empowerment and coping
  - o Learn to Cope free addition support group at TMHS on Tuesday nights
  - Working on Alateen Group at TMHS Fall 2017
  - Work with TMHS SADD, Lowell General, Wellness Center, AAA.
  - o If you see a program you would like to bring in to school/group, they will help to get it.
  - Want to work with parents.

- They now have a Family Violence Officer who supplies support and resources to families.
- Town is struggling.
- Mr. Malone said we have a problem and need to address it and how can we get parents attention/involved. He was talking about the underage drinking parties in town.
- MCAS Calendar: dates will be posted in February.

#### Laura Lee

Wednesday march 22, 2017 Doors open at 7PM \$25 per person at the Country Club Joy is making the tickets for the event 21 and older event

#### Trivia Night

Date confirmed and booked for March 10, 2017 Email went out to all captains from last year with a deadline of February 8<sup>th</sup> to reserve their table Available tables will be open to Public after February 8<sup>th</sup> Total of 33 tables available

#### All Night Long:

Sign UP Genius for all collections to be used at all fundraising events through the Spring.

Joy Create the SignUp Genius

Laura will talk to Christine about dropping off Raffle items by March 1st deadline

Joanne to send Joy the letter for donations from local companies

Cathy is doing gift bags to include Towel and Tshirt

Maryellen to talk to Principal about marketing all night long especially at the March 29th mandatory meeting for Prom attendees

We are not doing calendar fundraiser this year

Note that the ANL event is the same night of the Wynn 8th grade Washington DC trip

#### New Business

PAC meetings need to be added to online Calendar Motion for \$500 for shelving in the PAC closet – motion passed March PAC Meeting is moved to **March 29**<sup>th</sup>

Motion made to contribute \$250 to make a wish in memory of Ethan Costello Motion passed Think about Scholarships for next meeting to discuss giving out the checks the night of the awards and also what criteria should be set if any on getting a scholarship

### **Future PAC Dates:**

February 28<sup>th</sup> 2017 **March 29<sup>nd</sup> 2017** April 26<sup>th</sup> 2017 May 24<sup>th</sup> 2017

**End of Meeting:** Meeting was adjourned at 8:35 P.M. **Next meeting is February 28th (Tuesday)** 

(Notes recorded by AC)