

FALL 2019

**TEWKSBURY
PUBLIC SCHOOLS
OFFICE OF
COMMUNITY
SERVICES
ADULT EDUCATION**

**978-640-7831
WWW.TEWKSBURY.K12.MA.US**

ALL REGISTRATIONS MUST BE DONE ONLINE THRU COMMUNITY PASS. (SEE PAGE 4 FOR DIRECTIONS.) YOU CAN STILL PAY BY MAIL OR ONLINE BUT YOU MUST REGISTER ONLINE. IF YOU HAVE DIFFICULTY WITH THIS PLEASE CONTACT THE OFFICE . WE ARE HERE TO HELP! NOTE: Courses will be closed one week before they are scheduled to start so we can prepare the instructor folder/roster. Please register early to avoid cancellations.

COMMUNITY SERVICES ADULT EDUCATION DIVISION *FALL 2019 Calendar*





	M	T	W	TH
SEPTEMBER	16	17	18	19 Ok for HS to hold classes (Wynn Open House – no classes at WY)
	23	24	25	26 (HS Open House) no classes at HS but ok for Wynn
	30			
OCTOBER		X Town Meeting	2	3
	7	8	9	10
	X Holiday	15	16	17
	21	22	23	24
	28	29	30	31
NOVEMBER	4	5	6	7
	X Holiday	12	13	14
	18	19	20	21 (HS PT CONF) no classes at HS but ok for Wynn
	25	26	X Holiday	X Holiday
DECEMBER	2	3	4	5
	9	10	11	12
	16	17	18	19

*XHS -No Classes will be held at the High School on these dates due to open house or other events
*X-no classes at all schools (there may be exceptions)

PLEASE NOTE:

We do not send reminders. You will receive a receipt via email when you register and that is your confirmation that you are registered. You will be notified via email ONLY if a class is cancelled completely so please check your email. If a class is cancelled due to the bad weather an effort will be made to send an email indicating this. If the Tewksbury Public Schools are cancelled, so is Adult Education. *Some courses require the purchase of materials either from the instructor or a third party. This does not imply an endorsement of any product or service by the Tewksbury Public Schools.*

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POLICIES and GENERAL INFORMATION

WHO MAY ATTEND:

Enrollment in Community Services adult evening classes is open to anyone 18 years of age or older. Residents from other communities are welcome. (Anyone under 18 years of age, who wishes to enroll in an **ADULT** class, **must** attend with a parent/guardian, provided there is space available, and must have prior approval of the instructor. Students under 18 may attend a youth class without an adult.) Please register online for all classes, Adult or Child.

REGISTER AND PAY ONLINE for Adult Ed. and Children's Courses

- **GO TO <https://register.communitypass.net/TewksburyPublicSchools> OR FIND THE LINK ON OUR WEBSITE AT WWW.TEWKSURY.K12.MA.US. CLICK ON THE "ABOUT" TAB, CLICK ON "COMMUNITY SERVICES" UNDER DEPARTMENTS & PROGRAMS, AND THEN CLICK ON THE "ADULT EDUCATION" BULLET.**
- **Everyone with a child in the Tewksbury Public Schools has a family account.** If you do not already have an account please create one under Community Pass to access the registration page. Once you have an account you will be able register. **If it says you have an account and you do not know your login or password email Maura Rauseo at mrauseo@tewksbury.k12.ma.us or call her at 978-640-7831 x218. PLEASE DO NOT CREATE A NEW ACCOUNT.** Please enter all of your information. If more than one person in a family is registering for a class, each individual must be added to the account and registered separately. You will receive an email confirmation once you are registered.
- **Acceptable forms of payment include:** Mastercard, Visa, American Express, Discover and your Bank Account. (There is a 2.9% convenience fee for using a credit card and a \$.40 per transaction fee to use your checking account/routing number. Paying by EFT is under the Credit Card section.) You can also choose to "send payment" and mail it in or drop off a check at Community Services Adult Education, 139 Pleasant Street, Tewksbury, MA 01876. **If a class is cancelled, tuition will be refunded but any fees charged by invoice cloud (convenience fees) for paying online or rejected payment fees are non-refundable.** The tuition is listed with each course description. **Please do not send cash.** Checks should be made payable to the "Town of Tewksbury."
- **Enrollment is determined on a first come, first serve basis.** Courses will be closed one week before they are scheduled to start so we can prepare the instructor folder/roster. Please call us if you still wish to register and the course is no longer available online so we can check to see if it is still running and accepting walk-ins.

SENIOR CITIZEN DISCOUNT:

Seniors (age 60 and over) will be granted a **10% discount on tuition fees** **except** for WHERE INDICATED IN THE COURSE DESCRIPTION. You must be over 60 to receive the senior discount. It will be automatically deducted if the birthday you enter at registration qualifies you for it.

REFUNDS:

Tuition is refundable if there is insufficient enrollment and a course is cancelled. **Students withdrawing before or at the first class will be assessed a \$5.00 administrative fee. THERE ARE NO REFUNDS FOR WITHDRAWING BEYOND THE FIRST CLASS.** **If a class is cancelled, tuition will be refunded but any fees charged by invoice cloud (convenience fees) for paying online or rejected payment fees are non-refundable.** **A no-show to a class you registered for does not mean you will not get charged. If you register you are responsible for the tuition.**

DATES of CLASS SESSIONS:

The dates of class sessions are indicated with each course description. This schedule should be used only as a guide. **Students are advised to check with their instructor to confirm class meetings as they can change.**

WHERE CLASSES ARE HELD and WHEN THEY BEGIN: All evening classes are held at Tewksbury Memorial High School, unless otherwise noted. Any exceptions are listed with the course description.

CLASS CANCELLATIONS:

If the Tewksbury Schools are closed due to inclement weather, vacation, or holidays, the Community Services adult evening classes are also cancelled. In the event it is necessary to cancel classes for inclement weather developing during the day, the decision will be made by **3:00 p.m.** Please listen to radio stations **WBZ, WCAP, WCCM, and TV Channels 4, 5, 7, and 25** for cancellation announcements. Every attempt will be made to make up cancelled classes either at the end of the course schedule or by extension of remaining class hours.

Please do not call the School Department or the Police Department.

BUSINESS/FINANCIAL MANAGEMENT

FINANCIAL AID 101, Mr. Jack Wang, Instructor

Course #1

This is not the same information presented in the guidance/MEFA financial aid session. If you don't know the rules, you can't win the financial aid game! We'll be going over strategies to get more aid and pay for college. We'll go over common questions such as how to save, options for paying, how to get more aid, and what factors are truly important. And most importantly, we'll be discussing how to avoid the unintentional mistakes that ruin your chances for aid! **Tuition is not per couple, it is per person. Each person must sign up individually.**

**Tuesday
TMHS Rm. B109**

**10/8
6:30-8:00 p.m.**

**Tuition \$15.00
1 session**

MAXIMIZING SOCIAL SECURITY, Mr. Jack Wang, Instructor

Course #2

Maximizing Social Security, or, how to avoid mistakes that can cost you tens or hundreds of thousands of dollars in benefits. It is one of the most important yet complex decisions we have to make - How and when you claim your Social Security benefits. We'll review the rules, strategies, and even touch on Medicare costs and eligibility. Understanding your Social Security options and lifetime benefits is critical in helping you make informed claiming decisions. **Tuition is not per couple, it is per person. Each person must sign up individually.**

**Wednesday
TMHS Rm. B109**

**11/13
6:30-8:00 p.m.**

**Tuition \$15.00
1 session**

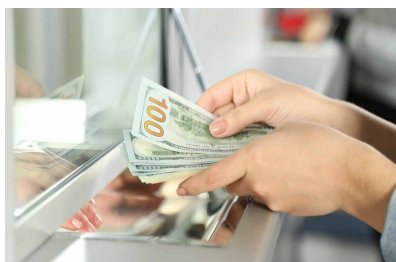
HOW TO MAXIMIZE YOUR CREDIT SCORE, Melody Anoli-Marcotte, and Dennis Fiumara, Instructors **Course #3**

Have you applied for a credit card, auto loan or a mortgage? During the application process your credit will be pulled and it's important to know your credit score and how to maximize it. A good credit score can result in a lower interest rate, potentially saving you thousands of dollars. You may notice your credit score varies, we will explain how and why your score varies and the difference between a hard credit inquiry and a soft credit inquiry. You will also discuss the different things that make up your credit score and what to do if you have no credit score at all and how partnering the right bank could maximize your financial needs. **Please bring a notebook and pen to class.**

**Wednesday
TMHS Rm. B109**

**10/2
6:30-7:30 p.m.**

**Tuition \$15.00
1 session**



HEALTH/PERSONAL DEVELOPMENT

BASKETBALL - MEN'S, Todd DiRocco, *Instructor*

Course #4

Enjoy the recreational and competitive challenge of playing basketball with adults. Teams will be assigned. All games will be officiated by IAABO Basketball Officials and game tee shirts will be provided. **YOU MUST REGISTER ONLINE.**

TMHS Gym

6:00-10:00 p.m

10 sessions

Tues, 9/17 and Thurs, 9/19 will be registration and pickup games from 7-9pm at TMHS. Games begin on 9/24 from 6-10pm. Games may be held at TMHS, the Wynn or the Ryan Schools. You MUST register online ahead of time. If you played basketball before you already have an account. Please do not create a new one. Check with Maura Rauseo for your login and password if you do not know it. **NO SENIOR DISCOUNT.**

Scheduled days - Todd or Dave will email out a final schedule once completed.

Go by schedule on web page for dates/times. Tentative Schedule: Games start 9/24

<http://www.leaguelineup.com/welcome.asp?url=tewksburymensbasketball&sid=441780357>



Tuition 130.00

BASKETBALL - WOMEN'S, Ms. Nancy Toland, *Instructor*

Course #5

Enjoy the recreational and competitive challenge of playing basketball with other adult women. Teams will be formed according to skill level and ability. Participants can enjoy an excellent workout, "pick up style", in this program.

Thursdays

9/26 to 12/5 **No class 11/28.**

Tuition \$80.00

Wynn Middle School Gym

7:00-9:30 p.m.

10 sessions

DRUM CIRCLE, Ms. Joan Turner, *Instructor*

Course #6



It's like a musical meditation and very informal, at the start everyone is just kind of playing randomly and then before you know it - everyone starts to connect on an energy level and synchronize musically with each other! Add intention and WOW - you are making the world a better place just by being in it. Drum Circles improve "mood", raise your vibration, create a sense of connectedness with others, enhance relaxation and is FUN, join us - it'll be a blast! No instrument? No worries! I have bongos, maracas, and other percussion instruments that I will be taking along for folks to borrow. You are also free to use your imagination - someone brought along a coffee can, plastic wash basin (used upside down :) ... you get the idea - let's have some higher energy fun! Have family and friends you think may be interested? We'd love to meet them and have them join in on the fun. No Senior Discount.

Thursdays

9/19

Tuition \$15.00

TMHS LGH

7:00-8:30 p.m.

1 session

GROUP HYPNOSIS - WEIGHT CONTROL, Ms. Joan Turner, *Instructor*

Course #7

Join me in a group hypnosis session. We'll talk about what hypnosis is and is not and answer any questions you might have then get you all as comfy as possible and give you some suggestions for being in control of what you decide to eat! I digitally record all sessions and will email it to you (be sure I have your email address) so your session is easily reinforced. Be sure to wear comfortable clothing and feel free to bring yoga mats etc.. I am a certified Hypnotist and have used hypnosis to lose over 100 lbs. and keep it off (all of it) for over 20+ years. Our lives are full of fun exciting events - most of which involve food. For many people that means typically we gain weight. during the festivities. Why? Well, one reason is that most of us "expect" to gain weight during a party or the holidays, let's replace that belief with suggestions that may help. No Senior Discount.



Thursdays

10/10

Tuition \$20.00

TMHS LGH

7:00-8:30 p.m.

1 session

GOLF INTRO FOR ADULTS, Mr. Barrie Bruce and Staff, *Instructors*

Course #see below

Our Intro to Golf program is designed for the new to the game golfer with little, or no golf experience. The basic fundamentals of the game will be taught in a relaxed, stress-free clinic-style setting. This program consists of five (5) one-hour lessons, spaced a week apart. Equipment and practice balls will be provided as needed. All you need to bring is a pair of sneakers and a good attitude. **NO SENIOR DISCOUNT.**

Tuition \$179.00

Course #8	Saturdays BR	9/7-10/5	11:30AM
Course #9	Sundays BS	9/8-10/6	11:30AM
Course #10	Mondays BT	9/9-10/7	5:30PM
Course #11	Wednesdays BU	9/11-10/9	5:30PM



HEARTSAVER CPR/AED, Mr. Steve Sentementes, Instructor

Course #see below

Video-based instructor-led course that teaches adult, child, and infant CPR AED use. The course also includes how to re-
vive choking adults, children and infants. This course is for anyone with limited or no medical training. Students will get a
completion card at the end of the course. Please wear comfortable clothing. Card is \$20, payable by check to Pulserate,
the night of class. A \$5 optional book is also available for purchase from the instructor. Students will receive an
electronic CPR (E-card) from the American Heart Association. **NO SENIOR DISCOUNT.** **2 separate one night
courses are being offered.**

Course #12 Tuesday 10/22 6:00pm-10:00pm
Course #13 Thursday 12/5 6:00pm-10:00pm



**TMHS ROOM B109
Tuition \$65.00**

HEALTHCARE BLS PROVIDER CPR, Mr. Steve Sentementes, Instructor

Course #see below

Video-based instructor-led course that teaches high-quality CPR for adults, children, and infants. You will learn the AHA
Chain of Survival, specifically the BLS components, use of an AED, effective ventilation using a barrier device, and the
importance of teams in multi-rescuer resuscitation and performance as an effective team member during multi-rescuer CPR.
You will also learn relief of foreign-body airway obstruction (choking) for adults and infants. This course is perfect for all
first responders, police, fire, emts, nursing students and dentists. There is a test at the end of the class. Please wear com-
fortable clothing. Card is \$10, payable by check to Pulserate, the night of class. A \$16 optional book is also available
for purchase from the instructor. Students will receive an electronic CPR (E-card) from the American Heart Associ-
ation. **NO SENIOR DISCOUNT.** **2 separate one night courses are being offered.**

Course #14 Wednesday 9/18 6:00pm-10:00pm
Course #15 Wednesday 11/6 6:00pm-10:00pm

**TMHS ROOM B109
Tuition \$85.00**

LINE DANCING 101 - ONE FUN NIGHT!, Ms. Carolisa of Moonlightdjs, Instructor

Course #16

Do you want to jump in when everyone hits the dancefloor at a wedding or party? Be ready to join in & have *fun!* We'll
review all the popular **"party" line dances** you'll need from the nae nae to the cotton eye joe, cha cha slide & electric slide,
some country, an Irish dance & more! Move & Groove to a mix of the *best* pop & dance from each decade, using easy
moves to get loose on the dancefloor. Relax & have a fun night out with friends! For anyone who loves to dance or wants
to learn.

Thursday
TMHS Rm. D112

10/10
7:00-8:45p.m.



**Tuition \$15.00
1 session**

DE-STRESS LIFE AND BALANCE YOUR BODY AND MIND, Sharon Pei, Instructor

Course #17

This class will introduce the first 12 movements of the simplified Tai Chi Chuan 24 movements in Yang Style. It is
perfect for both beginners and those who have taken a Tai Chi 10-Form class before. Tai Chi Chuan improves your blood
circulation, promotes mental concentration, reduces muscle stiffness caused by daily stress and leaves you with peace of
mind. It is an excellent supplementary activity for stress management, arthritis ailments, high blood pressure and improves
your general health. **Wear loose fitting clothes and soft soled shoes.** No class 10/9, 10/16 (instructor request) and 11/27.

Wednesdays
TMHS D115 Dance Studio

9/18 to 12/11
6:30-7:30 p.m.

**Tuition \$120.00
10 sessions**

HEALTHY QIGONG (CHI KUNG) 101: Eight Pieces of Brocade, Sharon Pei, Instructor

Course #18

Eight Pieces of Brocade is one of the most widely practiced Qigong sets in both China and around the world today. Qigong
has been proven not only medically to improve respiratory, cardiovascular and immune systems, but also mentally to assist
people to achieve a better state of mind through a set of gentle stretching exercises with slow breathing. Like Tai Chi,
Qigong is also increasingly recommended by doctors as one of the alternative approaches for various chronic illnesses, such
as daily neck or back pain, insomnia, depression, stomachache as well as diseases like arthritis, shingles, Parkinson etc. In
addition, Qigong also serves as a holistic approach for various rehabilitation or healing needs. Please give it a try. It's very
easy to learn and you can enjoy it for the rest of your life. **Wear loose fitting clothes and soft soled shoes.** No class 10/7
(instructor request) and 10/14.

Mondays
TMHS D115 Dance Studio

9/16 to 12/9
6:30-7:30 p.m.

**Tuition \$115.00
10 sessions**



YOGA - BEGINNER, Ms. Carley Basteri, Instructor

Course #19

These classes will be all about the basics - a great way to kick off your yoga practice, learn more precise alignment, or familiarize yourself with the poses. Detailed instructions on each pose will be given to provide a better understanding of its key components. Modifications will be explained and offered. **Bring a Yoga Mat. No class 10/1. Limit of 20**

Tuesdays
TMHS B112 LGII

9/17 to 11/26
5:45-6:45 p.m.

Tuition \$65.00
10 sessions

YOGA - ALL LEVELS VINYASA. Ms. Carley Basteri, Instructor

Course #20

In the All Levels class, the series of poses is designed for the whole body. The class balances strength, flexibility, focus, alignment, and breath. An emphasis will be made on linking breath with movement. Postures are taught in a way that makes this class great for all levels from beginners to advanced. **Bring a Yoga Mat to class. No class 10/1. Limit of 20.**

Tuesdays
TMHS B112 LGII

9/17 to 11/26
6:45-7:45 p.m.

Tuition \$65.00
10 sessions



ZUMBA WORKOUT, Ms. Carolisa of MoonlightDJs, Instructor

Course #21

Move, Groove, Dance, Get Fit & have FUN! This energizing dance-fitness workout burns calories, and strengthens abs/core. This energizing dance-fitness workout combines easy dance moves with traditional exercise to burn calories & strengthen all muscles. Get Funky to a fantastic mix of old school dance classics to current; latin, bollywood, Irish & more! This class is great for all levels including the beginner & those new to exercise; moves explained as needed. Use therabands for a couple of songs to target bi's and tri's. We complete our class with a short segment on mats (optional) for core, glutes & cool down. Best are sneakers without much tread such as aerobics or well-used sneakers. Therabands supplied; bring a mat. **Dance off calories and get a complete workout in this fun & friendly class!**

Wednesdays
TMHS D112

9/25 to 11/6
6:30-7:45 p.m.

Tuition \$55.00
7 sessions

CLASSES FROM WITH LOVE AND GRATITUDE

Leslie Gabriele: Clairaudient, Clairsentient, and Clairempath who is guided in the moment without attachment. Kim Dunsmore: A practicing Psychic/Medium who helps others feel and embrace the loving qualities of the light. Learn more at <https://leslie-gabriele.squarespace.com/>. A team of dedicated light workers, each with their own special gifts, acting in unison for the sole purpose of uplifting the spirit.

MEDIUMSHIP, Leslie Gabriele & Kim Dunsmore, Instructors

Course #22

Mediumship is the ability to sense the Spirit of those who have lived on earth before and decipher the messages they wish to share with us. With tenderness, humor and humility, Kim and Leslie connect to the other side and share messages from loved ones who have crossed over. Their purpose is to facilitate the healing that comes with the feeling of deep connection, remembrance and love. The With Love and Gratitude actively heals by sending Reiki energy throughout the room to intensify the experience of well-being and joy.

Wednesday
TMHS B109

12/4
6:30-8:00 p.m.

Tuition \$20.00
1 sessions

HOBBIES/CREATIVE ARTS

ROCK PAINTING, Joan Turner, Instructor

Course #23

Let's transform everyday rocks and stones into works of art. People do them to give as gifts, to put in their gardens and to create meditation pieces. All sorts of reasons but one thing is for sure - they are fun to create!

There is a one time fee of \$8 per person (paid to the instructor) which will cover the cost of the materials that will be supplied. Please wear an old shirt or smock, or something you don't mind getting paint on as it does not wash out. Feel free to bring some rocks and stones!

Thursdays
TMHS B109

10/17 & 10/24
6:30-8:30 p.m.

Tuition \$20.00
2 sessions



UPSIDE DOWN QUILT, Diane Fay, Instructor

Course #24

This wonderful quilt is a play on log cabin design. It is twisted and turned to make it very pretty and unique. Join us for some fun and creativity. For this quilt you will need: Fabrics: Dark Med. Darks, Lights and Med. Lights. All of these are necessary for contrast. Also these are all for the body of the quilt. You will need many different ones to make a scrap look. There are about 250 or so in the picture. You can have as many types as you like. For the smallest squares in the quilt you will need 1/2 yard for the ones facing down and 1/2 yard of a separate one for the ones facing up. For the trim you need small pieces around each log cabin square. If you do not want a scrappy quilt you can do all flowers, dots, animals, etc. For the first night you only need your cutting tools and fabric. Later you will need a sewing machine in good working order, grey thread and cutting tools. If you have questions call Diane at 978-502-2148. **No class 11/21 & 11/28.**



**Thursdays
TMHS Library**

**9/19 to 12/12
7:00-9:00 p.m.**

**Tuition \$100.00
10 sessions**

VOICE OVERS...NOW IS YOUR TIME by SUCH A VOICE, Will Kamp, Instructor

Course #25

You've heard Will Kamp on TV and radio! Now hear Will LIVE as he shows how YOU could actually begin using your speaking voice for commercials, films and videos! Will is going to show you a unique, outside the box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! This exciting and fun class could be the game changer you've been looking for! **No Senior Discount.**

**Monday
TMHS D112**

**9/30
7:00-9:00 p.m.**

**Tuition \$35.00
1 session**



CHILDREN'S COURSES

DRIVERS ED - for information about Drivers Ed being offered at TMHS, please visit the Chelmsford Auto School website. You must register through Chelmsford Auto. <https://chelmsfordautoschool.com>

JUNIOR GOLF CLINIC, Mr. Barrie Bruce and Staff, Instructor

Course# see below

This clinic program is geared and staffed specifically for **boys and girls, ages 7-14**. Junior clinics are perfect for both beginning juniors and those who want to develop better golf skills. Clinics consist of five (5) one and a quarter hour lessons, covering safety, set up, the swing, irons, woods, the short game, and golf etiquette. Equipment and practice balls will be provided. We group the junior golfers in our clinic by age range, so students will be playing in age-related peer groups.

**Course #26 Saturdays
Course #27 Saturdays**

**9/7 to 10/5
9/7 to 10/5**

**9:30 a.m.-10:45 a.m.
1:30 a.m.-2:45 p.m.**

**Tuition \$129.00
Tuition \$129.00**

SAFE BABYSITTING, Kerri Barry, Instructor

Course #28

This practical class is for new or prospective babysitters. It will focus on how to safely care for and protect children. Other topics will include what to expect on the job, child-safe projects and toys, message taking techniques, stranger and fire safety, how to price yourself, proper discipline, and basic first aid. It will also include a hands-on section on feeding, diapering, and comforting babies. Materials needed are a pen or pencil, notebook, and on the second week, bring a baby sized doll. **(Class limit is 15.)**

**Tuesdays
TMHS B109**

**11/12 to 11/26
6:30-8:30 p.m.**

**Tuition \$50.00
3 sessions**

INSTRUCTORS

Ms. Melody Anoli-Marcotte is a Market Manager and Licensed Life Insurance Producer for Salem Five Bank. She has been with Salem Five for 5 years and has over 20 years of experience in developing individualized plans to suit her clients. Her community outreach and dedication has helped many families in Tewksbury and surrounding towns.

Ms. Keri Barry is a Health and Wellness educator with over 20 years of teaching and lecturing experience and has a BS in Business Administration. She has been teaching community health education courses for adults and children at Winchester Hospital Community Health Institute for over 20 years. She also previously taught for Northeastern University, the Ninety-Nine Restaurant Corporation, and for Greater Boston Association of EMTs.

Ms. Carley Basteri attended her first yoga class at Yoga Moves in 2009. What started as a way to complement her competitive cheerleading soon developed into a deep passion for the practice. While she can speak endlessly to the physical benefits yoga has brought her, she believes the mental benefits have been the most impactful and transformative. Carley found yoga to be the first truly noncompetitive and nonjudgmental environment she had experienced, allowing her the freedom to focus solely on herself and her breath. This has helped her to become more self-aware, confident, and focused in her daily life. Hoping to share these benefits and her passion for yoga with others, Carley completed her 200-hr yoga teacher training with Goldie Graham and Tatyana Souza in 2016. You can expect Carley's classes to emphasize proper alignment while also creating a low pressure space that will give you the confidence to explore the poses a little deeper — all to a fun playlist!

Mr. Barrie Bruce has a BA from Tufts University and an MA from Boston State College. He was named Teacher of the Year (New England Section), PGA 2004, and Golf Magazine's Top 100 Teachers Award, 2005. Barrie has over 65 years of golf experience and has been the head teaching professional at the Billerica Country Club for 42 years. He has also been a member of the Professional Golf Association of America for the past 30 years. Barrie was also awarded the PGA's Presidential Plaque for contributions and achievements in the area of player development.

Ms. Carolisa has over 15 years experience as a professional entertainer and dance teacher throughout New England. She teaches beginner through master classes in Zumba and Belly dance; Party Line Dance; and conducts workshops for company wellness, senior centers, women's "night out", events & parties, teen and kids' enrichment programs. She is also an experienced disc jockey with Moonlight Disc Jockeys of Billerica covering weddings, corporate and private functions, reunions, theme events, family and kids' parties.

Mr. Dennis Fiumara works at Salem Five Bank in Tewksbury and entered the mortgage industry in 2010 after graduating from Bentley University. He enjoys working with customers to educate them on the process of obtaining a mortgage and working with his clients to find a mortgage that suits their needs. Dennis has been a resident of Tewksbury since 2015 and enjoys traveling with his wife and his daughter.

Mr. Will Kamp is a successful voice-over artist, actor, and comedy improv performer, has done voice work ranging from Honda radio commercials to on-camera work for nationally recognized TV stations.

Ms. Sharon Pei has been teaching Tai chi and Qigong (a.k.a. Chikung) via local Adult Education Programs since 2005. She is passionate about this ancient Chinese martial art, and loves to share her knowledge and experience about Tai chi and Qigong with you via learning and practice to improve your balance of body and mind at large. Sharon grew up in China, and is bilingual. She also taught Chinese language and cultural classes. She graduated from a teacher's college and also has a M.L.S. degree. For more information about her, please visit her website: <http://www.taichi-universe.com/about-us>.

Mr. Steve Sentementes has 17 years of EMS experiences and 12 years of Firefighting experience in numerous situations of doing CPR. He recently became an instructor and loves to teach others what he has learned over the years, especially how to save a life properly. Steve's company is called "Pulserate CPR/AED".

Ms. Nancy Toland has run the Community Services Women's Basketball League for the past fifteen years. She helped run the Girls' Recreation Clinic Basketball League for five years and served on the Recreation Basketball Board for two years.

Joan Turner has been doing work in the energy field for over 40 years and is the founder of the Intuitive Body & Soul. She hosts a monthly cable TV show geared towards personal growth and development. To know more see us at www.IntuitiveBodyandSoul.com

Mr. Jack Wang is the Principal of Longhorn Financial, an independent financial services firm. He educates and advises regular working families all over the country specifically on lowering the cost of and paying for college in a way that allows people to achieve their retirement goals. You can find Jack on local TV and radio speaking on these topics, as well as at various community organizations and companies. He currently lives in Westford with his wife. He and his wife have a total of 4 children, ranging from college age to 7th grade. In his spare time, you can find him coaching softball for a local high school. He's also a mentor for an entrepreneurship program in Lowell and for a student entrepreneurship program at UMass Lowell.

You MUST register for classes online.

Visit our web site at www.tewksbury.k12.ma.us

Go to Community Services and then Adult Education.

If you choose to pay by check it should be made payable to the

TOWN OF TEWKSBURY

AND MAILED TO:

OFFICE OF COMMUNITY SERVICES

ATTN: ADULT EDUCATION

139 PLEASANT ST., TEWKSBURY, MA 01876

Please Note: If you pay by Credit Card, there is a 2.9% convenience Fee and if you pay by your checking account routing number there is \$.40 per transaction fee. To pay by checking acct, choose credit card and then in the drop down menu choose EFT.

REFUNDS:

Tuition is refundable if there is insufficient enrollment and a course is cancelled. **Students withdrawing before or at the first class will be assessed a \$5.00 administrative fee. THERE ARE NO REFUNDS FOR WITHDRAWING BEYOND THE FIRST CLASS.** If a class is cancelled, tuition will be refunded but any fees charged by invoice cloud (convenience fees) for paying online or rejected payment fees are non-refundable. A no-show to a class you registered for does not mean you will not get charged. If you register you are responsible for the tuition.

This REGISTRATION FORM can only be used if you check with us first and we confirm you do not have a computer to register on your own. If that is the case we may have you come in to register on our computer in the office.

**TEWKSBURY COMMUNITY SERVICES
REGISTRATION FORM**

Name: _____ Email: _____

Address: _____ Phone(Day): _____

_____ Phone (Cell): _____

Course #	Course Title	Tuition
	STOP! YOU MUST REGISTER ONLINE!	\$
1.		\$
2.		\$
3.		\$
	Total Enclosed	\$

Courses will be closed one week before they are scheduled to start so we can prepare the instructor folder/roster. Please call us if you still wish to register and the course is no longer available online so we can see if it is still running. If a class is cancelled, tuition will be refunded but any fees charged by invoice cloud (convenience fees) for paying online are non-refundable.

To mail a check send it to:

Office of Community Services
139 Pleasant Street
Tewksbury, MA 01876
Attn: Adult Education

We offer a 10% Senior Discount for those over the age of 60.

FOR OFFICE USE ONLY

Form of payment:
Check/M.O. # _____
Amount \$ _____
Date Received _____

NOTE:

You are officially enrolled and your name is placed on the roster when you RECEIVE A CONFIRMATION VIA EMAIL .

You will be notified via email only if you are not in a class due to either over enrollment or class cancellation so please check your email.

**Tewksbury Public Schools
Office of Community Services
139 Pleasant Street
Tewksbury, MA 01876
978-640-7831**

TEWKSBURY PUBLIC SCHOOLS

SCHOOL COMMITTEE

**James Cutelis
Shannon Demos
John Stadtman
Keith Sullivan**

SCHOOL ADMINISTRATION

**Christopher Malone, Superintendent
Brenda Regan, Asst. Superintendent
David Libby, Business Manager
Jeanne Irwin, Asst. Business Manager**

COMMUNITY SERVICES

**Cynthia Basteri, Interim Director
Maura Rauseo, Financial Coordinator
Susie Meuse & Tricia Welch, Site Coordinators**

