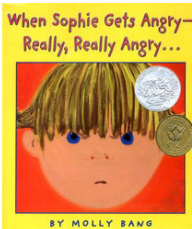


## Children's Literature that Supports Social and Emotional Learning

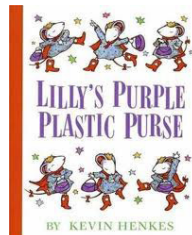
For more recommended children's books, visit: [www.open-circle.org/literature](http://www.open-circle.org/literature)

### Self-Awareness | Recognizing and naming your emotions, self-knowledge



- Bang, Molly. *When Sophie Gets Angry, Really, Really Angry*  
*Cuando Sofía Se Enoja, Se Enoja de Veras*\*\*
- Cain, Janan. *The Way I Feel*  
*Así Me Siento Yo*\*\*
- Evans, Lezlie. *Sometimes I Feel Like a Storm Cloud*
- Francher, Lou (Dr. Seuss). *My Many Colored Days*
- Frame, Jeron Ashford. *Yesterday I Had the Blues*
- Freymann, Saxton. *How Are You Peeling? Foods with Moods*
- George, Kristine O'Connell. *Swimming Upstream: Middle School Poems*
- Kachenmeister, Cheryl. *On Monday When it Rained*
- Menchin, Scott. *Taking a Bath With a Dog*
- Myers, Walter Dean. *Looking Like Me*
- Rotner, Shelley. *Lots of Feelings*
- Underwood, Deborah. *The Quiet Book*
- Vail, Rachel. *Sometimes I'm Bombaloo*
- Viorst, Judith. *Alexander and the Terrible, Horrible, No Good, Very Bad Day*  
*Alexander y el Día Terrible, Horrible, Espantoso, Horroroso*\*\*

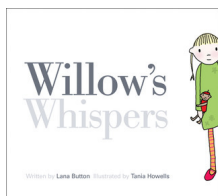
### Self-Management | Calming down when you feel upset, using positive self-talk



- Dean, James. *Pete the Cat, I Love My White Shoes*
- Harrington, Janice. *Roberto Walks Home* (inspired by Ezra Jack Keats)
- Henkes, Kevin. *Lilly's Purple Plastic Purse*  
*Lily y Su Bolso de Plástico Morado*\*\*
- Hooks, Bell. *Grump, Groan, Growl*
- Kostecki-Shaw, Jenny Sue. *My Travelin' Eye*
- MacLean, Kerry Lee. *Peaceful Piggy Meditation*
- Piper, Watty. *The Little Engine that Could*  
*La Pequeña Locomotora Que Sí Pudo*\*\*
- Silver, Gail. *Steps and Stones*
- Urban, Linda. *Mouse Was Mad*
- Wong, Janet. *Twist: Yoga Poems*

(continued on next page)



**Responsible Decision-Making** | Problem-solving, speaking up, managing bullying behavior


Brisson, Pat. *The Summer my Father Was Ten*

Button, Lana. *Willow's Whispers*

Estes, Eleanor. *The Hundred Dresses\**

*Cien Vestidos\*\**

Golenbock, Peter. *Teammates*

*Compañeros de Equipo\*\**

Havill, Juanita. *Jamaica's Find*

Henkes, Kevin. *Chrysanthemum*

*Chrisantemo\*\**

Herrera, Juan Felipe. *Upside Down Boy*

*El niño de cabeza\*\**

Lester, Helen. *Me First!*

Myers, Christopher. *Wings*

Moss, Peggy. *Our Friendship Rules*

O'Connor, Barbara. *How to Steal a Dog\**

Otoshi, Kathryn. *One*

Polacco, Patricia. *Thank You Mr. Falker*

*Gracias, Sr. Falker\*\**

Recorvits, Helen. *Yoon and the Jade Bracelet*

Woodson, Jacqueline. *Each Kindness*

Yashima, Taro. *Crow Boy*

*Niño Cuervo\*\**

\* = chapter books or novels

\*\* = books available in Spanish